

Oxford Safe Haven

The Oxford Safe Haven (OSH) provides an additional resource to out of hours and an alternative to the hospital emergency department for people experiencing a crisis with their mental health. The service is operating for an initial six-month pilot period from the end of March 2018.

OSH will be open on Friday, Saturday and Sunday 6pm till 12.30am. Last entry at 11.30pm.

Please note the referrer or service user must call in advance. We may not have a space if people arrive at the venue without calling ahead.

OSH Contact Details

Telephone: 01865 903037

Mobile: 07710 092849

Email: oxonsafehaven@oxfordhealth.nhs.uk

OSH uses Egress Switch for secure emails sent from non-Oxford Health accounts.

Who to refer	Exclusion criteria
<ul style="list-style-type: none"> - Client must be over 18 and living in Oxfordshire - People experiencing a mental health crisis who wish to access support and could benefit from a supportive, non-clinical environment out of hours - People who historically may have attended the ED in the absence of other options for accessing assessment, support and safety - At risk of self-harm or suicide, but no immediate risk to self or others 	<ul style="list-style-type: none"> - Client under 18 or living outside of Oxfordshire - Immediate risk to self or others - Likely to be disruptive or aggressive in an informal social environment - In immediate need of medical treatment - Clients who are significantly intoxicated with alcohol or drugs on arrival will not be admitted

What can people accessing our services expect?

- Safe place to be during the crisis
- Someone to talk to if desired
- Opportunity to work on safety planning, coping skills, and relaxation techniques
- Opportunity to use art materials and listen to music as distraction techniques
- Refreshments
- Staff who come from a range of backgrounds and offer person centred support in line with Oxfordshire Mind and Elmore values

We do not offer

- A Section 136 Place of Safety
- Regular ongoing support
- Formal clinical psychiatric assessment
- Medical care
- All-night support: we close at 12:30am.
- Transport to or from the venue