

Oxfordshire Mind

Money Advice

Factsheet

Contact Us:

info@oxfordshiremind.org .uk

www.oxfordshiremind.org.uk

T: 01865 247788

If anything on this factsheet is unclear, or you're in need of further support, please don't hesitate to contact the Oxfordshire Mind Information Service on the contact details above.

Support In Oxfordshire

Oxfordshire Specialist Advice Service (OSAS)

OSAS is a telephone/email advice line that aims to answer all questions about benefits, budgeting and any other welfare questions and then will link you with the appropriate services who will give further and more in depth information. This is backed up by a team of specialist advisers, who are able to meet face to face with people unable to access advice by telephone, email or in their local community.

It is free to use and they are focused on meeting the needs of people living in Oxfordshire who are struggling with their day-to-day lives due to disability or ill health.

They are open Monday-Friday 9am-5pm

Telephone: 01865 410660 Webpage: livewell.oxfordshire.gov.uk Email: advice@oxfordshiresas.org.uk

Banbury Citizen Project (BCP)

BCP is an independent charity that gives advice on benefits. They unfortunately don't give debt advice but they can issue foodbank vouchers and career advice. Older people can get free tax advice from a tax charity, they focus on areas Oxfordshire, Buckinghamshire, Northamptonshire and Warwickshire.

The advice centre is very limited with disability facilities such as no wheelchair access or disabled parking, they only have hearing loops. But their community centre is definitely more accessible with disabled parking nearby and wheelchair access.

They can go to elderly people's homes to help with attendance allowance and pension credit. They can also help with filling out PIP forms.

Webpage:

www.banburyshirecitizenproject.org.uk

Main phone line :

01295 279988

Email:

helpdeskbancp@yahoo.com

Citizens Advice

Citizens Advice is a free independent advice service who are also impartial and confidential. They give advice on a wide range of issues such as debts, benefits, employment and housing. Their offices are based in Oxfordshire but anyone from anywhere can come in to the office for free advice.

Oxfordshire:

Phone number: 0808 278 7909

Email: Fill in form on website

Webpage: Citizensadviceoxford.org.uk

Oxfordshire South and Vale:

Phone number: 0808 278 7907

Email: info@citizensadviceosay.org.uk

Webpage: citizensadviceosay.org.uk

West Oxfordshire:

Phone number: 0808 278 7906

Email: info@cawo.org.uk

Webpage: citizensadvicewestoxon.org.uk

Support In Oxfordshire continued

Agnes Smith

Agnes Smith is an independent charity that gives free expert advice on money and debt, welfare benefits, housing, and employment for people living in Blackbird Leys. They also offer outreach services in other parts of the community to reach other people

They also have a legal advice clinic, face to face appointments, and a drop in service, and they will take GP referrals from the Leys Health Centre.

They are open weekdays from 9:30am-1pm and then they re-open 2pm-4pm. Their reception telephone line is open from 10am - 12pm

For urgent advice you can call: 01865 770206 or their free-phone line 0800 066 2218

Email: asac.reception@agnessmith.co.uk Webpage: agnessmith.co.uk

Rose Hill

Rose Hill is an independent charity that gives great advice on debt, benefits and housing problems. They can help you with your appeals and represent you in court.

They will also refer you to another advice charity if they think you will benefit from further help .

Drop In Opening Times:

Monday: 9:30am - 12:30pm

Tuesday: 1:30pm - 4pm

Wednesday: 9:30am - 12:30pm

Thursday: 1:30pm - 4pm

Appointment Opening Times:

Monday: 1:30pm - 4pm

Tuesday: 9:30am - 12:30pm

Thursday: 9:30 am - 12:30pm

Their telephone lines are open 9:00am - 4:30 Monday, Tuesday and Thursday.

The telephone line closes at 1pm on a Wednesday

Telephone Number:

01865 438634 or 0800 170 0156

Email:

Admin@rhdadvice.org

Website:

rhdadvice.org

National Support

MoneyHelper

MoneyHelper is a free national service that is provided by the Money and Pensions Service which is a part of the HM Government Work and Pensions department. They can help with clearing debts, plan for retirement, creating budgets etc.

You are able to book an appointment for pension advice through their website. To contact them you can either, call them, text them on whatsapp or use their webchat on their site. Their phone lines and webchat are open Monday-Friday 8am-6pm

Webchat	Webform	Whatsapp Number	Telephone Numbers
webchat.moneyhelper.org.uk	www.moneyhelper.org.uk	<u>44 77 0134 2744</u>	English - 0800 138 7777 Welsh - 0800 138 0555 Typetalk - 18001 0800 915 4622 Overseas - +44 20 3553 2279
		This number is for debts, credit and pension queries	

Christians Against Poverty

Christians Against Poverty is a free UK based Christian charity that provides advice and counselling for individuals who have financial difficulty. They work with churches, local communities, staff, volunteers and national networks to help end UK poverty .

Website	Phone	Email
capuk.org	01274 760720	info@capuk.org

Stepchange

Stepchange is a free impartial debt advice charity who offer advice and debt solutions to help pay off some or all of the debt owed. They help with bankruptcy, debit/credit card debt and they even give advice if your struggling to pay for gas/electricity bills. Their phone line is open Monday - Friday 8am - 8pm and Saturday 9am - 2pm

Website	Phone	Post
www.stepchange.org	0800 138 1111	StepChange Debt Charity 123 Albion Street Leeds LS2 8ER

INCOMING				
	Per			
	Week	Month	Year	Monthly Total
Employment/Self-Employment				
Savings/Investments				
Pension				
Benefits*				
Gifts from Family/Friends				

*child benefits/child tax credits/PIP/Universal Credits

FEEL FREE TO ADD YOUR OWN

OUTGOING				
	Per			
	Week	Month	Year	Monthly Total
Mortgage/Rent				
Electric/Gas/Water Bills				
Council Tax				
Phone Bill				
Insurance				
Shopping				
Takeaway				
Eating Out				
Smoking				
Alcohol				

FEEL FREE TO ADD YOUR OWN