

Employment Support

If anything on this factsheet is unclear, or you're in need of further support, please don't hesitate to contact the Oxfordshire Mind Information Line on 01865 247788, or info@oxfordshiremind.org.uk.

National Support

GOV.UK Website

Here, you'll find a directory of GOV.UK webpages offering information on work and employment-related benefits: <https://www.gov.uk/browse/working/finding-job>.

Here, you can search for jobs: <https://www.gov.uk/find-a-job>.

Local Support (for Oxfordshire)

Restore (<https://www.restore.org.uk/>)

Restore supports people with mental health issues to recover, develop skills and get into work.

Telephone: 01865 455821.

Email: information@restore.org.uk.

Address: Restore, Manzil Way, Cowley Road, Oxford, OX4 1YH.

TalkingSpace Plus (<https://www.oxfordhealth.nhs.uk/talkingspaceplus/getting-help/employment-support/>)

TalkingSpace Plus offers a dedicated team to help you with person-centred employment support. This provides support, information and guidance on:

- Finding work.
- Managing mental health in the workplace.
- Returning to work after a period of absence.
- Formal proceedings.
- Talking with your employer, esp. about your mental health.
- Employment rights.
- Bullying and harassment.

Telephone: 01865 901222.

Online self-referral:

<https://www.iaptportal.co.uk/ServiceUser/SelfReferralForm.aspx?sd=46e84e52-9c7e-4e4b-a28a-e009005fd202>.

Aspire Oxford (<https://www.aspireoxfordshire.org/>)

Aspire empowers people facing homelessness, poverty and disadvantage to find employment and housing. In 2019-2020, they engaged with over 2,400 beneficiaries across their projects and programmes throughout Oxfordshire and the wider Thames Valley.

Telephone: 01865 204450.

Email: info@aspireoxford.co.uk.

Oxfordshire Employment (<https://www.oxfordshire.gov.uk/residents/social-and-health-care/oxfordshire-employment>)

Oxfordshire Employment support people with long-term health issues or a disability to find and/or keep paid employment. They're funded to support anyone whose disability is preventing them from looking

for and/or retaining work.

Telephone: 01865 815809.

Contact form: <https://www.oxfordshire.gov.uk/contactus/contact-oxfordshire-employment>.

Remploy (<https://www.remploy.co.uk/>)

Remploy support people with disabilities and other long-term health issues to find work.

They help people to find, prepare for and move into a new job. Their support is available both online and face-to-face.

Their contact details and opening hours are available here:

<https://www.remploy.co.uk/contact-us>.

JobCentre Plus

Your local JobCentre Plus can offer advice and support on finding work and on employment-related benefits.

To find your local JobCentre Plus, see <https://find-your-nearest-jobcentre.dwp.gov.uk/>.

Banburyshire Advice Centre (<http://banburycp.moonfruit.com/home/4592796622>)

Information, advice and support for the residents of Cherwell District, South Warwickshire, West Oxfordshire, South Northamptonshire and the city of Oxford. They provide career counselling (see <http://banburycp.moonfruit.com/career-counselling/4593620734>).

Telephone: 01295 279988.

Email (the quickest way to contact them): helpdeskbancp@yahoo.com.

SOFEA, or South Oxfordshire Food and Education Academy (<https://www.sofea.uk.com/>)

SOFEA provide education, employability and wellbeing programmes for vulnerable youngsters in Oxfordshire, Berkshire and Buckinghamshire.

Telephone: 01235 510774.

Email: info@sofea.uk.com.

Connection Support (<https://www.connectionsupport.org.uk/>)

Connection Support is a service which offers flexible specialist support for people with serious and/or enduring mental health issues.

They:

- Help to deal with everyday housing issues like bills, money advice and landlords.
- Help with finding work, education, training and volunteering.
- Help you to keep mentally healthy and they also provide emotional support.

Telephone: 01865 711267.

Email: enquiries@connectionsupport.org.uk